

Community Triage Center (24/7) 773.291.2500  
200 E. 115th St.

Holy Cross Crisis Stabilization Unit 773.884.7610  
(24/7) 2701 W. 68th St.

The Welcoming Center 773.561.5809  
(Swedish Covenant Hospital) M-F, 8am-8pm  
5215 N. California Ave., Suite F10

### GENERAL INFORMATION

#### Información General

Dept. of Human Service Helpline 800.843.6154  
*Public aid, referrals to social services.*  
*Ayuda pública, referencias a servicios sociales.*

Illinois Attorney General's 877.305.5145  
Health Care Hotline  
*Insurance denials for substance use or mental health treatment.*  
*Negaciones del seguro para el tratamiento del uso de sustancias o de salud mental.*

Guardianship & Advocacy 866.274.8023  
Commission

IDPH Central Complaints Registry 800.252.4343

Social Security Administration 800.772.1213

Long-term Care Ombudsman 800.252.8966



*Have questions or need help? Call NAMI Chicago's helpline: 312.563.0445 M-F*

*¿Tiene preguntas o necesita ayuda? Llame a la línea de ayuda de NAMI Chicago.*

*Information is also available at [www.namichicago.org](http://www.namichicago.org)*

# RESOURCE CARD

OCTOBER 2017

### CRISIS SERVICES

#### Servicios de Crisis

***In the event of a mental health emergency, call 911 and ask that a CIT officer respond.***

***En caso de una crisis de salud mental, llame al 911 y pide que un oficial de CIT responda.***

National Suicide Prevention 800.273.8255  
Lifeline (24/7)  
*Free and confidential support and crisis resources.*  
*Apoyo gratuito y confidencial y recursos de crisis.*

Crisis Textline (24/7)  
*Text the word "NAMI" to 741741.*  
*Envía la palabra "NAMI" a 741741.*

Adult Protective Services Hotline 866.800.1409  
(24/7)  
*Report abuse or neglect of older adults or adults with disabilities.*  
*Reportar abuso o negligencia de los adultos mayores o adultos con discapacidades.*

Between Friends (24/7) 800.603.4357  
Domestic violence crisis line.  
*Línea de crisis de violencia doméstica.*

Rape Victim Advocates (24/7) 888.293.2080  
*Chicago rape and sexual assault hotline.*  
*Línea de Ayuda en Chicago de violación y asalto sexual.*

**HOSPITALS—PSYCHIATRIC**

## Hospitales—Psiquiátricos

**Northside**

Advocate Illinois Masonic Medical Center	773.296.5878
Chicago Lakeshore Hospital	773.878.9700
Northwestern Memorial Hospital	312.926.8200
Swedish Covenant Hospital	773.878.8200, ext. 5300

**Westside**

Mount Sinai Hospital	773.257.6241
Rush University Medical Center	312.947.0100
University of Illinois at Chicago	312.996.7297
Presence Saints Mary & Elizabeth Medical Center	312.770.3006
Saint Anthony Hospital	773.484.1010

**Southside**

Mercy Hospital	312.567.2000
Holy Cross Hospital	773.884.7610
Saint Bernard Hospital	773.962.3900
Advocate Christ Medical Center	800.323.8622

**MENTAL HEALTH & SUBSTANCE USE SERVICES**

## Servicios de Salud Mental y Uso de Sustancias

Thresholds (citywide)	773.572.5400
Trilogy (citywide)	773.382.4060
City of Chicago Mental Health Clinics (citywide)	call 311 to find the clinic closest to you

**Northside**

C4 (24/7)	773.769.0205
LSSI	773.282.7800
Asian Human Services	773.293.8430

**Southside**

HRDI	312.441.9009
Pilsen Wellness (west & south sides)	773.579.0832
Miles Square Health Center (west & south sides)	312.413.7425

**Westside**

Circle Family Care Network	773.379.1000
Association House of Chicago	773.772.8009
Saint Anthony Hospital	773.484.1010

**Substance Use Specific**

Gateway Foundation (citywide)	877.505.4673
Haymarket Center	312.226.7984

**HOUSING & HOMELESS RESOURCES**

## Recursos de Vivienda y Refugio

From any hospital or police station Dial 311 for pick up and transport to an overnight homeless shelter.  
*Desde cualquier hospital o estación de policía marque 311 para la recogida y el transporte a un refugio nocturno.*

Referral to temporary and transitional living shelters. 312.743.0300  
*Referencias a refugios temporales y de transición.*

**Homeless Outreach & Support**

Thresholds Mobile Assessment Unit	773.572.5435
Heartland Health Outreach	773.275.2586
Featherfist	773.721.7088

**LEGAL**

## Asistencia Legal

Equip for Equality	312.341.0022
Employment Discrimination	800.514.0301
CARPLS: Coordinated Advice & Referral Program for Legal Services	312.738.9200
Cook County State's Attorney <i>Petition for involuntary admission. Petición para admisión involuntaria.</i>	312.603.8600

**Local Information & Referrals**

**NAMI Chicago helpline: 312.563.0445, M-F**

## HOSPITALS—PSYCHIATRIC

Hospitales—Psiquiátricos

### Northside

Ann & Robert H. Lurie Children's Hospital of Chicago	312.227.4000
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Chicago Lakeshore Hospital	773.878.9700
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### Westside

Hartgrove Hospital	773.413.1700
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Rush University Medical Center	312.947.0100
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Chicago Children's Center for Behavioral Health	312.491.5055
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Riveredge Hospital	708.771.7000
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### Southside

Roseland Hospital	773.995.3000
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## HOUSING & HOMELESS RESOURCES

Recursos de Vivienda y Refugio

Teen Living Program (ages 14-23)	866.803.8336
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The Night Ministry (ages 16-24)	877.286.2523
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La Casa Norte (ages 18-24)	773.276.4900
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*¿Tiene preguntas o necesita ayuda? Llame a la línea de ayuda de NAMI Chicago.*

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YOUTH  
RESOURCE  
CARD

OCTOBER 2017

## **CRISIS SERVICES** (Servicios de Crisis)

***In the event of a mental health emergency, call 911 and ask that a CIT officer respond.***

***En caso de una crisis de salud mental, llame al 911 y pide que un oficial de CIT responda.***

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CARES (Hotline 24/7) 800.345.9049  
*Mental health assessments for youth with Medicaid or without insurance. Evaluaciones de salud mental para los jóvenes con Medicaid o sin seguro.*

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CCBYS (Hotline 24/7) 877.870.2663  
*Services for youth who are at risk of involvement with the child welfare system and/or juvenile justice system. Servicios para jóvenes que están en riesgo de involucrarse con el sistema de bienestar infantil y/o el sistema de justicia juvenil.*

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National Suicide Prevention Lifeline (24/7) 800.273.8255  
*Free and confidential support and crisis resources. Apoyo gratuito y confidencial y recursos de crisis.*

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Trevor Lifeline (24/7) 866.488.7386  
*Crisis intervention and suicide prevention hotline for LGBTQ youth. Intervención de crisis y línea de prevención de suicidio para jóvenes LGBTQ.*

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Crisis Textline (24/7)  
*Text the word "NAMI" to 741741. Envía la palabra "NAMI" a 741741.*

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Rape Victim Advocates (24/7) 888.293.2080  
*Chicago rape and sexual assault hotline. Línea de Ayuda en Chicago de violación y asalto sexual.*

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## **MENTAL HEALTH & SUBSTANCE USE SERVICES** Servicios de Salud Mental y Uso de Sustancias

Illinois Attorney General's Health Care Hotline 877.305.5145  
*Insurance denials for substance use or mental health treatment. Negaciones del seguro para el tratamiento del uso de sustancias o de salud mental.*

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Thresholds (citywide) 773.572.5400  
Trilogy (citywide) 773.382.4060

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### **Northside**

Advocate Illinois Masonic Medical Center 773.296.3220

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C4 (24/7) 773.769.0205  
Depaul University Family & Community Services 773.325.7780

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I AM ABLE Center for Family Development 773.826.2929

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Alternatives, Inc. 773.506.7474

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LSSI 773.282.7800

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Erie Teen Health Center 312.666.3494

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### **Southside**

HRDI 312.441.9009

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Ada S. McKinley 773.918.6100

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Metropolitan Family Services 312.986.4000

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### **Westside**

Pilsen Wellness (west & south sides) 773.579.0832

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Under the Rainbow 773.257.4750

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### **Substance Use Specific**

Gateway Foundation (citywide) 877.505.4673

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### **LGBTQ Specific**

Center on Halsted 773.472.6469

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Howard Brown Health Center 773.388.1600

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### **Local Information & Referrals**

***NAMI Chicago helpline: 312.563.0445, M-F***

## HELPLINES, HOTLINES & TEXT LINES

(Líneas de Ayuda, Emergencia y Líneas de Texto)

Abuse and Neglect Hotline (DCFS)	800.252.2873
CARES Line	800.345.9049
City of Chicago	311
CONNECT	<a href="http://connect.thekennedyforumillinois.org">http://connect.thekennedyforumillinois.org</a>
Crisis Text Line	Text CHI to 741-741
Domestic Violence Helpline	800.799.7233
L.O.S.S. (Loving Outreach to Survivors of Suicide)	312.655.7283
NAMI Chicago	312.563.0445
Resource Center for Autism and Developmental Delays	312.746.5447
Suicide Prevention	800.273.8255

These confidential resources can help connect you to additional services and people who can help.

## ORGANIZATIONS IN THE COMMUNITY

(Organizaciones en la Comunidad)

BBF	773.542.7300
Breakthrough Urban Ministries	
Men's Center	773.346.1785
Women's Center	773.722.0179
Catholic Charities	773.261.5330
Parents as 1st Teachers (Gads Hill Center)	312.226.0963
Primo Center for Women & Children	
Austin	773.379.1112
North Lawndale	773.379.1186
Youth Outreach Services (YOS)	773.777.7112

## DEVELOPMENTAL DISABILITIES

(Discapacidades del Desarrollo)

Easter Seal Soc/ Metro Chicago	312.491.4110
Esperanza Health Services	773.584.6200

*In the event of a potential mental health crisis: dial 911 and ask for a "C.I.T." officer*

*En caso de una posible crisis de salud mental: Marque 911 y pregunte por un oficial de "C.I.T."*

*Have questions or need help? Call NAMI Chicago's Helpline: 312.563.0445*

*¿Tiene preguntas o necesita ayuda? Llame a la línea de ayuda de NAMI Chicago.*

*Information is also available at [www.namichicago.org](http://www.namichicago.org)*

WHEN YOU  
NEED HELP:  
WEST SIDE  
RESOURCES

AUSTIN, GARFIELD PARK + NORTH LAWNSDALE

## MENTAL HEALTH SERVICES

(Servicios de Salud Mental)

Austin Counseling Center	773.921.7805
Bobby E. Wright Comprehensive Mental Health Center	773.722.7900
Catholic Charities	312.655.7725
Greater Lawn Mental Health Clinic	312.747.1020
Lawndale Christian Health Center-Behavioral Health	872.588.3000
I AM ABLE	773.826.2929
Marillac House	773.722.7440
Miles Square Health Center	312.996.2000
Mujeres Latinas en Accion	773.890.7676
Pilsen Wellness Center	773.579.0832
Thresholds	773.572.5400
Trilogy	773.382.4060
Under the Rainbow	773.257.4750

Many of the mental health and drug & alcohol providers listed on this card provide both services, in some cases including housing. Don't hesitate to reach out if you need assistance.



Mental health  
advocacy, education  
and support.

## DRUG & ALCOHOL SUPPORT

(Apoyo para uso de Drogas y Alcohol)

Anixter Center	773.565.3552
Gateway Foundation	877.505.4673
Habilitative Systems Inc.	773.261.2252
Revive Center for Housing and Healing	312.997.2222 (x229)

## HOSPITALS

(Hospitales)

Garfield Park Hospital	773.265.3700
Hartgrove Hospital	773.413.1700
John Stroger Hospital of Cook County	312.864.6000
Jesse Brown VA Medical Center	312.569.8387
Loretto Hospital	773.626.4300
Mount Sinai Behavioral Health	773.257.5300
Presence Saints Mary and Elizabeth Medical Center	312.770.2317
Rush University Medical Center Outpt	312.942.0118
Saint Anthony's Psych Unit	773.484.4035
University of Illinois at Chicago-Psychiatry Outpt	312.996.2200

## HOUSING & RESIDENTIAL TREATMENT

(Servicios de Vivienda y de Tratamiento Residencial)

A Safe Haven	773.435.8300
Central Plaza	773.626.2300
Columbus Manor Res Care	773.378.5490
Deborah's Place	773.722.5080
Interfaith House	773.533.6013
Pilsen Inn	773.927.1228
Sacred Heart Home	773.277.6868
San Jose Obrero Missions	312.243.4347

## LEGAL ASSISTANCE

(Asistencia Legal)

CARPLS	312.738.9200
Equip for Equality	312.341.0022
First Defense Legal Aid	800.529.7374
Instituto del Progreso Latino	773.890.0055
Latinos Progresando	773.542.7077
Lawndale Christian Legal Center	773.762.6381