**Medical Help and Services**

**Emergency Medical Care:** 911

**Northwestern Hospital**
Emergency Room 231 E. Erie St. (312) 926-2000

**Stroger Hospital,** Emergency Room 969 N. Ogden Ave. (312) 864-8200

**Regular Medical Care** - Homeless and low-income individuals have access to medical care through County Care.

To apply by phone: Call (312) 864-8200

To apply in person: Stroger Hospital, 1969 W. Ogden Ave. Phone: (312) 864-8200.

**Denny Community Health Center**
30 W. Chicago Ave. (312) 926-3964

**Alternatives to giving cash for food**
If you are more comfortable giving a voucher for food rather than cash, consider Chicago Shares:
Vouchers can be purchased at or through local churches or online (www.chicagoshares.com).

They are redeemable at many area grocery stores for food.

**Advocacy on Homeless Issues**
To get involved, contact www.allchicago.org

**Shelter for Women or Families**

**Family Rescue** (Serving abused women with or without children)
Crisis Line: (800) 360-6619
3 meals a day, case management.

Shelters for youths/children alone

**The Night Ministry**
4713 N. Whipple Ave. (773) 784-9000
Shelters for Women Only
Sarah’s Circle 4838 N. Sheridan Rd. (773) 728-1991
Olive Branch 6315 S. Claremont Ave. (312) 476-6200

**Shelters for Men & Women**
Matthew House - Day shelter only 3722 S. Indiana Ave. (312) 536-6628
2 meals a day, case management.

Franciscan House 2715 W. Harrison St. (773) 265-6683
2 meals a day, counseling and case management.

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Resource Guide 2014
Crucial information on food, shelter and help for those in immediate need.

**Employment / Resources**

**Housing**

**Single Room Housing Assistance Corporation (SRHAC)**
501 W. Central
(312) 212-1212

**North Side Housing Supportive Services**
3340 N. Clark St.
(773) 244-6401

**Inner Voice**
1700 W. 18th St.
(312) 994-5830

**Breakthrough Urban Ministries Inc.**
402 N. St Louis Ave.
Men’s: (773) 346-1785
Women’s: (773) 722-0179

**Lift Chicago**
(312) 994-8387

**St. Peter’s Church**
110 W. Madison St.
(773) 278-6724

**Jane Addams Resource Corporation**
4432 N. Ravenswood Ave.
(773) 728-9769

**Safer Foundation**
571 W. Jackson Blvd.
(312) 994-8387

**The West Side Health Authority**
5816 W. Division St.
(773) 786-2226

**Inspiration Corporation**
4554 N. Broadway, Suite 207
(773) 878-0981

**Jane Addams Resource Corporation**
4432 N. Ravenswood Ave.
(773) 728-9769

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571 W. Jackson Blvd.
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**Meal Schedule**

For a meal, seven days a week.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>4:00 pm</td>
<td>721 N. LaSalle St.</td>
</tr>
<tr>
<td></td>
<td>5:15 pm</td>
<td>1645 W. Le Moyne St.</td>
</tr>
<tr>
<td>Tuesday</td>
<td>12:00 pm</td>
<td>126 E. Chestnut St.</td>
</tr>
<tr>
<td></td>
<td>4:00 pm</td>
<td>721 N. LaSalle St.</td>
</tr>
<tr>
<td></td>
<td>5:15 pm</td>
<td>1645 W. Le Moyne St.</td>
</tr>
<tr>
<td>Wednesday</td>
<td>12:00 pm</td>
<td>126 E. Chestnut St.</td>
</tr>
<tr>
<td></td>
<td>4:00 pm</td>
<td>721 N. LaSalle St.</td>
</tr>
<tr>
<td></td>
<td>5:15 pm</td>
<td>1645 W. Le Moyne St.</td>
</tr>
<tr>
<td></td>
<td>6:00 pm</td>
<td>1111 N. Wells St.</td>
</tr>
<tr>
<td>Thursday</td>
<td>12:00 pm</td>
<td>126 E. Chestnut St.</td>
</tr>
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</tr>
<tr>
<td></td>
<td>6:30 pm</td>
<td>1337 N. Lavett St.</td>
</tr>
<tr>
<td>Friday</td>
<td>4:00 pm</td>
<td>721 N. LaSalle St.</td>
</tr>
<tr>
<td></td>
<td>5:15 pm</td>
<td>1645 W. Le Moyne St.</td>
</tr>
<tr>
<td></td>
<td>6:30 pm</td>
<td>1337 N. Lavett St.</td>
</tr>
<tr>
<td>Saturday</td>
<td>11:00 am</td>
<td>1337 N. Lavett St.</td>
</tr>
<tr>
<td></td>
<td>5:15 pm</td>
<td>1645 W. Le Moyne St.</td>
</tr>
<tr>
<td>Sunday</td>
<td>11:00 am</td>
<td>1337 N. Lavett St.</td>
</tr>
<tr>
<td></td>
<td>4:00 pm</td>
<td>126 E. Chestnut St.</td>
</tr>
<tr>
<td>Mon-Sat</td>
<td>9:00 am</td>
<td>3722 S. Indiana Ave.</td>
</tr>
</tbody>
</table>

*All information subject to change*.  

8/14