

The Chicago Help Initiative Resource Guide	Medical Help & Services	Shelter	Shelter	Shelter	Groceries / Clothing	Groceries
Our Mission The Chicago Help Initiative (CHI) is a consortium of business, residential, religious, social service, institutional and volunteer leaders striving to promote an atmosphere of dignity and compassion toward those in need. The Chicago Help Initiative www.chicagohelpinitiative.org Addiction & Mental Health Help Gateway Foundation 55 E. Jackson Blvd. (877) 505-4673 A Safe Haven 2750 W. Roosevelt Rd. (773) 435-8300 Stone Mental Health Center 446 E. Ontario St. (312) 926-8100 Available 24 hours, 7 days per week. Chicago Dept. of Family & Support Services (312) 743-0300	Medical Help and Services Emergency Medical Care: 911 Northwestern Hospital Emergency Room 251 E. Erie St. (312) 926-2000 Stroger Hospital, Emergency Room 969 W. Ogden Ave. (312) 864-8200 Regular Medical Care - Homeless and low-income individuals have access to medical care through County Care. To apply by phone: Call (312) 864-8200 To apply in person: Stroger Hospital 1969 W. Ogden Ave. Phone: (312) 864-8200. Denny Community Health Center 30 W. Chicago Ave. (312) 926-3964 Non-emergencies: City of Chicago: 311 Chicago Referral System www.chicagocrs.org	Shelter can be accessed by going to any hospital, police or fire station, or calling 911, and requesting help. Nearby locations are: For Immediate Support: The 18th Police District, 1160 N. Larrabee The 1st Police District, 1718 S. State St. Fire Station, 2121 N. LaSalle St. Families and youths should go to one of the above locations. Adults can also go directly to shelters. The largest nearby shelter, for both men and women, is: Pacific Garden Mission (PGM) 1458 S. Canal St. (312) 492-9410 PGM serves three meals a day. However, PGM has limited other social services. Shelters, some with a waiting list, that have other services are included on the next pages.	Transitional Housing Shelters for Men & Women Matthew House - Day shelter only 3722 S. Indiana Ave. (773) 536-6628 2 meals a day, case management. Franciscan House 2715 W. Harrison St. (773) 265-6683 2 meals a day, case management. Shelters for Women Only Sarah’s Circle 4838 N. Sheridan Rd. (773) 728-1991 Olive Branch 6310 S. Claremont Ave. (773) 476-6200	Shelters for Women or Families Family Rescue (Serving abused women with or without children) Crisis Line: (800) 360-6619 3 meals a day, counseling and case management Shelters for youths/children alone The Night Ministry 4711 N. Ravenswood Ave. (773) 784-9000 Teen Living Program 162 W. Hubbard St., #400 (773) 548-4443 Youth Help Line (866) 803-8336 Thresholds Mobile Assessment (773) 572-5470 Cornerstone (773) 271-8163 ext.0	Below are locations to get free groceries (one to two weeks’ worth): Monday & Tuesday Northwestern Settlement House 1400 W. Augusta Blvd. Contact: Belna Reyes (773) 278-7471 ext.1104 Monday, Tuesday, Wednesday, Thursday: 9:00 am - 11:00 am St. Matthew Child Advocate 1000 N. Orleans St. Contact: Corwin Marbly, (312) 613-5740 Tuesday: 10:00 am – 12:00 pm Chicago Temple, 1 N. Ogden Ave. Contact: Lula Gilliland, (312) 492-6803 Tuesday, Thursday: 11:00 am – 2:00 pm Saturday Grace’s Place - Saturday from 8:45 am - 10:30 am 637 S. Dearborn St. (312) 922-1426	Wednesday, Thursday & Friday Catholic Charities, 721 N. LaSalle St. Contact: Alzenia Melton (312) 655-7514 Wednesday, Thursday, Friday: 8:30 am - 11:30 am and 1:00 pm -3:30 pm Chicago Temple, 1 N. Ogden Ave. Contact: Lula Gilliland (312) 492-6803 Tuesday, Thursday: 11:00 am – 2:00 pm Alternatives to giving cash for food If you are more comfortable giving a voucher for food rather than cash, consider Chicago Shares: Vouchers can be purchased at or through local churches or online (www.chicagoshares.com). They are redeemable at many area grocery stores for food. Advocacy on Homeless Issues To get involved, contact www.allchicago.org

Employment / Resources

Employment Help

Inspiration Corporation
4554 N. Broadway, Suite 207
(773) 878-0981

Jane Addams Resource Corporation
4432 N. Ravenswood Ave.
(773) 728-9769

Safer Foundation
571 W. Jackson Blvd.
(312) 922-2200

The West Side Health Authority
5816 W. Division St.
(773) 786-0226

Lift Chicago
(312) 994-8387

Resources

**St. Peter's Church
Franciscan Outreach**
110 W. Madison St.
(773) 278-6724

Housing

Housing

**Single Room Housing Assistance
Corporation (SRHAC)**
501 W. Central
(312) 212-1212

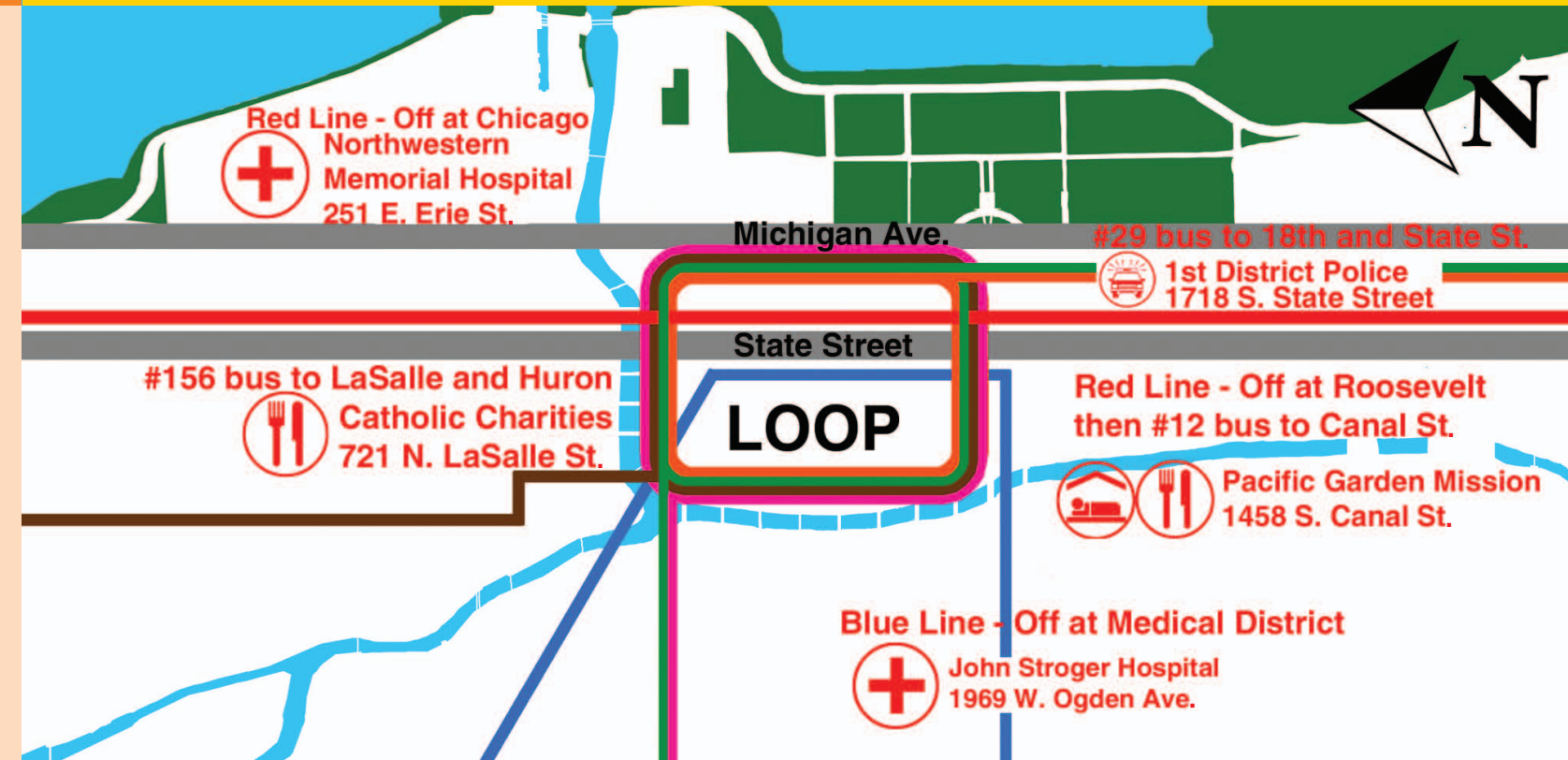
North Side Housing Supportive Services
3340 N. Clark St.
(773) 244-6401

Inner Voice
1700 W. 18th St.
(312) 994-5830

Breakthrough Urban Ministries Inc.
402 N. St Louis Ave.
Men's: (773) 346-1785
Women's: (773) 722-0179
3 meals a day, case management.

*All information subject to change

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Meal Schedule

For a meal, seven days a week.

Monday	4:00 pm 5:15 pm	721 N. LaSalle St. 1645 W. Le Moyne St.
Tuesday	12:00 pm 4:00 pm 5:15 pm	126 E. Chestnut St. 721 N. LaSalle St. 1645 W. Le Moyne St.
Wednesday	12:00 pm 4:00 pm 5:15 pm 6:00 pm	126 E. Chestnut St. 721 N. LaSalle St. 1645 W. Le Moyne St. 1111 N. Wells St.
Thursday	12:00 pm 4:00 pm 5:15 pm	126 E. Chestnut St. 721 N. LaSalle St. 1645 W. Le Moyne St.
Friday	4:00 pm 5:15 pm 6:30 pm	721 N. LaSalle St. 1645 W. Le Moyne St. 1137 N. Leavitt St.
Saturday	11:00 am 5:15 pm	1137 N. Leavitt St. 1645 W. Le Moyne St.
Sunday	11:00 am 4:00 pm	1137 N. Leavitt St. 126 E. Chestnut St.
Mon-Sat	9:00 am	3722 S. Indiana Ave.



Resource Guide 2014

Crucial information on food, shelter and help for those in immediate need.



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